



PATTY BRISBEN FOUNDATION *for* WOMEN'S SEXUAL HEALTH


#LetsDiscuss pocket cards are designed to be conversation starters for you and your healthcare team.



#LetsDiscuss

Sexual Dysfunction After Cancer Treatment

- Menopause symptoms (hot flashes, vaginal dryness or painful sex)
- How has my surgery/radiation/chemotherapy affected my body?
- Changes in sexual arousal
- What long term problems should I anticipate from my cancer therapy?
- Urine leakage during laughing, jumping, coughing
- Am I candidate for local vaginal or systemic hormones? What are the risks?
- Herbal supplements/OTC remedies/Are they safe?
- My treatment plan for the symptoms
- My other health needs (bones, heart, pap screening, colonoscopy)
- _____



The Patty Brisben Foundation for Women's Sexual Health
pattybrisbenfoundation.org

Instructions:

- Print the pocket card, trim, and check the boxes that apply.
- Use the blank space for any additional concerns not listed.
- Bring to your appointment and hand the pocket card to your provider, or nursing staff, to start the discussion.

For more information visit PattyBrisbenFoundation.org