




PATTY BRISBEN FOUNDATION *for* WOMEN'S SEXUAL HEALTH

#LetsDiscuss pocket cards are designed to be conversation starters for you and your healthcare team.



#LetsDiscuss
Female Genital Mutilation

- Is my sexual pain during intercourse related to my female circumcision?
- Is it possible to repair the anatomical changes?
- What type of procedure was done to me?
- How can I improve my sexual arousal?
- Is my clitoris still there? I have sensation loss.
- My urination is painful and has an abnormal stream. Can this be corrected?
- Am I capable of having a vaginal delivery? What will happen?
- Should I find a counselor or therapist?
- My other health needs (bones, heart, pap screening, colonoscopy)
- _____


The Patty Brisben Foundation for Women's Sexual Health
pattybrisbenfoundation.org

Instructions:

- Print the pocket card, trim, and check the boxes that apply.
- Use the blank space for any additional concerns not listed.
- Bring to your appointment and hand the pocket card to your provider, or nursing staff, to start the discussion.

For more information visit PattyBrisbenFoundation.org